



Milton Minor Hockey Association

Stage 3b Protocol for Families

MMHA, volunteers, staff, participants, and families have a joint obligation to help to create and maintain a safe and healthy environment. It is important to recognize the role that players and parents play in ensuring that we resume hockey safely. The health, safety, and welfare of all participants is our highest priority. To this end, we have established the following guidelines for participants and their families:

- Participation in the Milton Minor Hockey Association Program is completely voluntary. If at any point, a participant is feeling uncomfortable with the risks, they can and should remove themselves from the program. Everyone who chooses to participate will need to sign the Return To Hockey Waiver by acknowledging the check box during registration, and should they want to opt out at any time, we will honor that request.
- Everyone who chooses to participate will need to sign an acknowledgment of understanding that a Covid Screener will be completed by the participant and the parent accompanying them on the same day of each ice session they participate in.
- Once registered, the MMHA will place players on teams based on their previous year's skill level and/or team. Teams will be comprised of up to 9 skaters and 1 goalie for a total of up to 10 players per team. For practices and skills development, 2 teams and 3 coaches can be on the ice, for a total of 23 people on the ice per time slot. At present there will be no representative or rostered select teams, nor will player affiliation be permitted. There will currently be no team travel or play with any teams outside of Milton. Tournaments will not be approved. Each team of 10 players will play in a bubble of up to 4 other teams, creating a cohort of up to 50 players.
- All practices and games will be 50 minutes long, with a 10-minute flood.
- Participant/ accompanying adult will complete the MMHA online Covid Screener no sooner than 12 hours ahead of any ice session and no later than 1 hour prior to any ice session they participate in.
- Trainer/coach/mmha staff will check-in participants and parents before entry to the facility before session.
- Trainer/coach/mmha staff to ask each participant
 - Has anything changed since you completed the online screening form
- Trainer/coach/mmha staff to keep track on OHF tracking sheet for any parent who enters the facility with the participant.
- Parents are asked to review all return to hockey protocols and to sit down with their child and explain the information and importance of abiding by all protocols and rules. If a participant fails to do so, a QR code will be posted at the entrance to the arena that



Milton Minor Hockey Association – MMHA Stage 3b Protocol

will facilitate the completion of the Covid Screener.

- All parents and participants will abide by the Town of Milton Facility Protocols:
 - Participant will be dropped off and picked up by the same person, who is over the age of 18.

Only one (1) parent/guardian of each skater under eighteen (18) years of age is permitted in the facility as an observer. Parents/guardians are to maintain physical distancing and must watch from within each rink. **Watching from the lobby is not permitted.** Spectators must enter and exit the facility in the same manner as players. Designated viewing areas for parents are as follows:

Milton Sports Centre – Second floor bleacher/seating area

Sherwood – Bleacher/seating area

- Participants come prepared by dressing in their required equipment (except skates, helmets, and goalie pads) prior to entering the facility. **Hockey bags are not permitted.** Only a bag the size of a backpack to carry skates and helmet is allowed with each participant.
- Sharing of water bottles and other personal items is not permitted. All personal items such as water bottles must be clearly labelled with the participant's name.
- Coach equipment is for coach use only and is not to be touched by any participant.
- Entry as follows, NO earlier than 10 minutes prior to your ice time. If you are early, please wait in your car until 10 minutes prior to your ice time:
 - Milton Sports Centre: Enter through the South entrance only and proceed directly to your rink.
 - Sherwood: enter through the main entrance only and proceed directly to your rink.
- All persons entering the facility must wear a face mask prior to entering and while inside the building unless participating on the ice.
- All persons complete the Town of Milton Covid Self Screener upon entry.
- For each session, there are two dressing rooms in each arena designated for changing into/out of skates. Participants are advised on the video boards, located above the customer service desk, which dressing rooms their group can use. There are 10 participants maximum in each dressing room, each participant's seat is marked with an X. Participants under eighteen (18) years of age may have their parent/guardian assist with tying of skates,



Milton Minor Hockey Association – MMHA Stage 3b Protocol

and then the parent must go immediately to the designated viewing areas within the arena. Shower facilities will not be available before or after ice times.

- Physical distancing must always be maintained while in the facility and on the ice.
- Washrooms: Lobby washrooms are closed. All users including parents/guardians must use the washrooms in their assigned rinks.
 - Milton Sports Centre-2nd floor viewing area
 - Sherwood Community Centre-two dressing room washrooms in each rink
- After the participant's ice time, exit the facility as per below:
 - Milton Sports Centre: via the lobby and south entrance.
 - Sherwood: exit the facility through the lobby to the corridor where the fitness studio is located and adjacent to Rink 1– **you are not to exit the facility through the main entrance doors that you entered through**

Illness: Anyone exhibiting any of the COVID-19 symptoms SHALL NOT attend and will need to report to the coach AND communications officer as per instructions provided on the online participation screener form. In case of illness of any participant or attendee at any ice time, the MMHA will utilize Hockey Canada's Return to Hockey Procedures.

We have confidence that the participants will understand and listen to coaches and any volunteers, especially if the parents reinforce the rules beforehand. Any participant who is struggling with these instructions will first be reminded of the protocols, and if it continues, they will be removed from the session. If we work together we will be able to provide a safe and fun environment where the players will be able to continue developing their skills and enjoying the great game of hockey.